

Supplement Facts

325 tablets

Serving Size 3 Tablets

Servings Per Container: 108

Amount	1 Serving	100 g
Calories	23	384
Protein (as Whey protein hydrolysate and concentrate) (g)	5,3	87,92
Carbohydrate (g)	0,16	2,7
Fat (g)	0,23	3,9

Typical Amino Acid Profile (Mg)

Essential Amino Acids (EAAs)	1 Serving	100 g
Tryptophan	88,2	1470
Valine	362,4	6040
Threonine	391,2	6520
Isoleucine	373,2	6220
Leucine	612,8	10210
Lysine	562,8	9380
Phenylalanine	215,4	3590
Methionine	127,2	2120
Total BCAA:	1348,2	22470

Conditionally Essential Amino Acids (CAAs)	1 Serving	100 g
Arginine	142,2	2370
Cysteine	138	2300
Tyrosine	169,2	2820
Histidine	103,2	1720
Proline	324	5400
Glutamic Acid	1068	17800

Nonessential Amino Acids (NAAs)	1 Serving	100 g
Aspartic Acid	652,2	10870
Serine	285	4750
Glycine	91,8	1530
Alanine	293,4	4890

Ingredients:

Whey protein hydrolysate, whey protein concentrate, dicalcium phosphate, silicon dioxide, soy protein, cotton oil, stearic acid, microcrystalline cellulose

Suggested Use:

3x – 4x daily 3 tablets, preferably between meals, before and after exercise and before bed-time. Take with plenty of water.